**QUIMBY WINTER LUNCH MENU 2019-20**

Student favorites served daily in addition to the featured entrees listed: Berry Yogurt Parfait (V), Bean Burrito (V) Hoagie Sandwich (V or T), and Galaxy Pizza (V or T)

**Important dates to remember:**
- November 11 – Veteran’s Day Holiday
- November 20 – Conference Day
- Nov 25-29 – Thanksgiving Break
- Dec 23-Jan 3 – Winter Break

<table>
<thead>
<tr>
<th>Monday Lunes</th>
<th>Tuesday Martes</th>
<th>Wednesday Miercoles</th>
<th>Thursday Jueves</th>
<th>Friday Viernes</th>
</tr>
</thead>
</table>
| **Week One** | Will begin on the following weeks: | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** |
| October 21  | Crispy Popcorn Chicken Mashed Potato Bowl (C) | Orange Chicken Rice Bowl (C)  
Beef Taco Stick (B)  
Spicy Chicken Sandwich (C) | Kung Pao Chicken & Chow Mein (C)  
Macaroni & Cheese (V)  
Mini Corn Dogs & Oven Fries (C) | Homestyle Chicken Noodle Soup (C)  
All American Cheeseburger (B)  
Breadstick Bites & Marinara (V) |
| November 12 (Tues)  | Cheeseburger Twins (B)  
Chicken Nuggets & Oven Fries (C) | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** | **Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice** |
| December 9  | | | | |
| January 13  | | | | |

**Week Two**

Will begin on the following weeks:

- October 28
- November 18
- December 16

**Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice**

- Teriyaki Chicken & Chow Mein (C)
- Cheeseburger Twins (B)
- Spicy Chicken Sandwich (C)

- Cheese Quesadilla & Homemade Salsa (V)
- Pasta with Meat Sauce (B)
- Mini Corn Dogs & Fries (C)

- Spicy Hawaiian Big Daddy Pizza (P)
- All American Cheeseburger (B)
- Breadstick Bites & Marinara (V)

**Week Three**

Will begin on the following weeks:

- November 4
- December 2
- January 6

**Pizza Day*  
Domino’s Cheese (V) or Pepperoni (P) Smart Slice**

- Szechuan Chicken Rice Bowl (C)
- Chicken & Rice Burrito (C)
- Spicy Chicken Sandwich (C)

- Orange Chicken Rice Bowl (C)
- Cheeseburger Twins (B)
- Mini Corn Dogs & Fries (C)

- Cheese Lasagna & Garlic Bread (V)
- All American Cheeseburger (B)
- Breadstick Bites & Marinara (V)

*A Pizza Day offerings include pizza, salad & hoagie sandwiches only.

**MENU KEY**

(V) Vegetarian  
(C) Chicken  
(B) Beef  
(P) Pork  
(T) Turkey

**Healthy Tip!**

Go for a walk or jog in the morning to jump-start the brain.

---

**Pay Online for School Meals**

Everyone Loves a Line that Moves! Parents are encouraged to prepay for meals. Parents can make a pre-payment safely & securely at www.myschoolbucks.com. Students who have pre-paid in advance can transact up to 7 seconds faster at the serving line than those who pay cash or check for their meals, giving kids time to eat with friends. View purchases, set up low balance warnings & more with your free account. CNS will also accept cash or check at your child’s school. Please note: No credit is extended at the middle schools. Please review the Full Meal Charging Policy at: www.eesd.org/cns

**Important dates to remember:**
- November 20 – Conference Day
- November 11 – Veteran’s Day Holiday
- Nov 25-29 – Thanksgiving Break
- Dec 23-Jan 3 – Winter Break

---

**Featuring Winter Cabbage: Rainbow Coleslaw**

Makes 12 servings.  
Prep time: 15 minutes

**Ingredients:**
- 2 cups thinly sliced red cabbage  
- 2 cups thinly sliced green cabbage  
- ½ cup chopped red onion  
- ½ cup fat free mayonaise  
- 1 tablespoon red wine vinegar  
- ½ teaspoon celery seed (optional)  
- ½ cup low-fat Cheddar cheese, cubed

**Instructions:**
1. In large bowl, combine vegetables.  
2. In small bowl, combine mayonnaise, vinegar, and celery seed to make the dressing.  
3. Pour dressing over the vegetables in large bowl.  
4. Add cheese and serve chilled.  

**Nutrition information per serving:**
- Calories 30  
- Carbohydrate 4 g  
- Protein 2 g  
- Total Fat 1 g  
- Saturated Fat 0 g  
- Trans Fat 0 g  
- Cholesterol 2 mg  
- Sodium 145 mg

Adapted from: *Souffel Recipes: Building Healthy Traditions, Network for a Healthy California, 2008*

---

**Questions or concerns?**

The Child Nutrition Services Dept. can be reached at (408) 223-4500, Mon-Fri, 7:30am - 4:00pm

---

**Available choices to go with menu items:**
- Non-Fat Chocolate Milk  
- 1% Low-Fat White Milk  
- 100% Fruit Juice  
- Seasonal Fresh Fruit  
- Baby Carrots  
- Ranch Tossed Garden Salad  
- Whole Grain Snacks

---

**Go for a walk or jog in the morning to jump-start the brain.**

---

This institution is an equal opportunity provider and employer. Menu is subject to change without notice. For CalFresh information, call 1-877-847-3663. Visit www.CaChampionsForChange.net for healthy tips.