

Evergreen School District

Child Nutrition Services

K-8 Grab & Go Menu Entrees OCTOBER 2020-21

**Ingredients and menu items are subject to change or substitution without notice.**

**Allergen information is for entrée dishes only and does not include any condiments or side dishes.**

**Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of October 12, 2020:		Dairy	Eggs	Peanut	TreeNut	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork
<b>Monday</b>	Manufacturer											
Pancake Mini Wraps	Foster Farms		X					X	X		X	
Cheese Omelet & Blueberry Muffin		X	X					X	X			
<b>Tuesday</b>												
Breakfast Toast w Egg, Cheese & Turkey Bacon	Tasty Brand	X	X					X	X		X	
Cheeseburger Twins	Integrated	X						X	X	X		
<b>Wednesday</b>												
Honey Scooters	Malt-O-Meal								X			
Cheese Pizza Pie	Schwans	X						X	X			
<b>Thursday</b>												
Breakfast Burrito	MCI Los Cabos	X	X					X	X		X	
Corn Dog	Foster Farms		X					X	X		X	
<b>Friday</b>												
Banana Chocolate Chunk Benefit Bar	J&J	X	X					X	X			
Garden Burger	ardenburger/Kellog	X						X	X			

Items in GREEN print are vegetarian

? = Manufactured on equipment or contains trace amounts of this allergen

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<b>Week of October 19, 2020:</b>		<b>Dairy</b>	<b>Eggs</b>	<b>Peanut</b>	<b>TreeNut</b>	<b>Fish</b>	<b>Shellfish</b>	<b>Soy</b>	<b>Wheat</b>	<b>Beef</b>	<b>Poultry</b>	<b>Pork</b>
<b>Monday</b>	Manufacturer											
Cinnamon Mini Waffles	Eggo/Kelloggs	X	X					X	X			
Chicken Nuggets & Sweet Potato Fries	Tyson							X	X		X	
<b>Tuesday</b>												
Apple Cinnamon Bear Paw	Shannon's	X	X					X	X			
BBQ Rib Sandwich	Integrated							X	X	X		
<b>Wednesday</b>												
Marshmallow Mateys	Malt-O-Meal								X			
Turkey & Mozz Deli Sandwich	Bestway	X						X	X		X	
<b>Thursday</b>												
Strawberry Crisp Bar	Zee-Zee's	X						X	X			
Chicken Little Sliders	Integrated	X						X	X		X	
<b>Friday</b>												
Egg, Ham & Cheese Tac-Go	Cargill	X	X						X			X
Salisbury Steak with Gravy & Corn	Integrated	X						X	X	X		
Whole Grain Dinner Roll	Shannon's							X	X			

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Week of October 26, 2020		Dairy	Eggs	Peanut	TreeNut	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork
Monday	Manufacturer											
Breakfast Burrito	MCI Los Cabos	X	X					X	X		X	
Whole Grain Cheese Lasagna	Tasty Brand	X	X						X			
Tuesday												
Whole Grain Banana Muffin	Dave's	X	X					X	X			
Dilla Tomatillo Quesadilla	True Natural	X							X			
Wednesday												
Frosted Flakes	Malt-O-Meal							?	X			
All American Burger	Integrated							X	X	X		
Thursday												
Apple Breakfast Bites	Bakecrafters	X	X					X	X			
Double Dogs	Michael B's							X	X		X	
Friday												
Manager's Choice					TBA - Manager's Choice							
Mini Chicken Tacos	Tasty Brand	X						X	X		X	
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Belly Bear Grahams	Honey	J&J	1oz	20g												X	
Cornmeal Superstar		Dave's	1.65oz	23g	X	X										X	X
Whole Grain Dinner Roll		Shannon's	1oz	15g												X	X
Whole Grain Mini Rice Krispie Treats		Kellogg's	0.42oz	9g	X											X	

revised 10/10/20