

**Free meals continue for all students!**



Evergreen is a Provision 2 District as of school year 2022-23. CNS will NOT collect or request income information from families in 2023-24. However the District may request new and transfer students complete an Education Benefit Form to help the District receive important funding.



# MARCH BREAKFAST MENU 2024

Breakfast is available at ALL sites!



EVERGREEN SCHOOL DISTRICT

## Child Nutrition Services

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
<b>Week of:</b> March 4	Pop-Tart & String Cheese (M)  Cereal & Grahams (M)	Cinnamon Crumb Cake Square (M)  Cereal & Grahams (M)	Mini Waffles (M)  Cereal & Grahams (M)	Cinnamon Bun (M)  Cereal & Grahams (M)	Blueberry Muffin (M)  Cereal & Grahams (M)
<b>Week of:</b> March 11	Pull-apart Soft Mini Bagels (M)  Cereal & Grahams (M)	Chorizo Sunrise Stick (B)  Cereal & Grahams (M)	Benefit Bar (M)  Cereal & Grahams (M)	Yogurt & Granola  Cereal & Grahams (M)	Egg & Cheese Burrito (M)  Cereal & Grahams (M)
<b>Week of:</b> March 18	Mini Pancake(M) Cereal & Grahams (M)	Chocolate Muffin (M)  Cereal & Grahams (M)	Grape Filled Crescent Roll (M)  Cereal & Grahams (M)	Snack N' Waffle (M) Cereal & Grahams (M)	Strawberry Mini Filled Bagels(M) Cereal & Grahams (M)
<b>Week of:</b> March 25	Mini Strawberry Filled bagel (M)  Cereal & Grahams (M)	<b>NEW</b> Ham & Cheese Croissant ( H) Cereal & Grahams (M)	Cinnamon Swirl (M) Cereal & Grahams (M)	Beef Sausage Mini Bagel (B)  Cereal & Grahams (M)	No School

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



### What makes a Complete Breakfast?

A school breakfast consists of the following three food components:

1. Fruits (or optional veg)
2. Grains (or optional meats/meat alt)
3. Choice of Milk

Student can decline 1 item and at least 1/2 cup of the fruit component must be selected to be complete

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at: [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Request a balance transfer or refund at [www.eesd.org](http://www.eesd.org)

**Additional Choices Available at Breakfast:**  
Non-Fat Chocolate Milk or 1% Low-Fat White Milk  
100% Fruit Juice  
Variety fresh & canned fruits



### What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



**A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE**

### A La Carte Menu

Milk \$0.75  
Water \$1.00  
Fruit Juice \$0.75  
Whole Grain Crackers \$1.00  
No credit is extended for a la carte purchases.



### Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.



**Menu is subject to change without notice.**

This institution is an equal opportunity provider and employer.  
For CalFresh information, call 1-877-847-3663.  
Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips.

**MENU KEY**  
(M) Meatless  
(C) Chicken  
(B) Beef  
(P) Pork  
(T) Turkey  
(F) Fish