

Free meals continue for all students!



Evergreen is a Provision 2 District as of school year 2022-23. CNS will NOT collect or request income information from families in 2023-24. However the District may request new and transfer students complete an Education Benefit Form to help the District receive important funding.



FEBRUARY BREAKFAST MENU 2024

Breakfast is available at ALL sites!



CHILD NUTRITION SERVICES
EVERGREEN SCHOOL DISTRICT

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



What makes a Complete Breakfast?

A school breakfast consists of the following three food components:

1. Fruits (or optional veg)
2. Grains (or optional meats/meat alt)
3. Choice of Milk

Student can decline 1 item and at least 1/2 cup of the fruit component must be selected to be complete

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at: www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org

Additional Choices Available at Breakfast:
Non-Fat Chocolate Milk or 1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits



What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$1.00
Fruit Juice \$0.75
Whole Grain Crackers \$1.00
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.



Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.
For CalFresh information, call 1-877-847-3663.
Visit www.CaChampionsForChange.net for healthy tips.

MENU KEY
(M) Meatless
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: Feb 5	Pop-Tart & String Cheese (M) Cereal & Grahams (M)	Cinnamon Crumb Cake Square (M) Cereal & Grahams (M)	Mini Waffles (M) Cereal & Grahams (M)	Cinnamon Bun (M) Cereal & Grahams (M)	Blueberry Muffin (M) Cereal & Grahams (M)
Week of: Feb 12	Pull-apart Soft Mini Bagels (M) Cereal & Grahams (M)	Chorizo Sunrise Stick (B) Cereal & Grahams (M)	Benefit Bar (M) Cereal & Grahams (M)	Yogurt & Granola Cereal & Grahams (M)	Egg & Cheese Burrito (M) Cereal & Grahams (M)
Week of: Feb 19 President's Break	President's Break	President's Break	President's Break	President's Break	President's Break
Week of: Feb 26	Mini Strawberry Filled bagel (M) Cereal & Grahams (M)	Peach Cream Cheerios Bar (M) Cereal & Grahams (M)	Cinnamon Swirl (M) Cereal & Grahams (M)	Beef Sausage Mini Bagel (B) Cereal & Grahams (M)	Snack N' Waffle (M) Cereal & Grahams (M)