

Evergreen School District
 Child Nutrition Services
 K-8 Entrees March 2023-2024

Ingredients and menu items are subject to change or substitution without notice.
Allergen information is for entrée dishes only and does not include any condiments or side dishes.
Please consult a medical professional for assistance in planning for or treating a medical condition.

Week of March 4, 2024		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
WG Strawberry Pop-Tart	Kellogg's	38g								X	X					
String Cheese		2g	X													GF
Cheese Galaxy Pizza	Schwans	28g	X							X	X					
BBQ Rib Sandwich	Integrated	33g								X	X	X				
Tuesday																
Crumb Cake Square	Dave's	47g	X	X						X	X					
Taco Nada	Bell Tasty	31g	X							X	X		X			
Chicken Dumpling with Stir Fry Rice	Schwans	21g								X	X					
Wednesday																
Cinnamon Mini Waffles	Eggo/Kelloggs	35g	X	X						X	X					
Vegan Bean & Rice Burrito	Michael B's	44g									X				V	
Double Dog	Michael B's	29g								X	X		X			
Thursday																
Cinnamon Bun	Super Bakery	40g	X	X						X	X					
Cheese Croissant Sandwich	Bakecrafters	29g	X							X	X					
Chicken Enchilada Empanada	Albie's	32g	X							X	X		X			
Friday																
Whole Grain Blueberry Muffin	Dave's	39g	X	X						X	X					
Cheese Pizza Slice	Wild Mike's	34g	X								X					
Fish Nuggets/Fries (F)	Highliner	29g	X					X		X	X					
Items in GREEN print are meatless																
? = Manufactured on equipment or contains trace amounts of this allergen																

