

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees February 2023-2024

**Ingredients and menu items are subject to change or substitution without notice.**  
**Allergen information is for entrée dishes only and does not include any condiments or side dishes.**  
**Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Feb 5, 2024		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
WG Strawberry Pop-Tart	Kellogg's	38g								x	x					
String Cheese		2g	x													GF
Cheese Galaxy Pizza	Schwans	28g	x							x	x					
BBQ Rib Sandwich	Integrated	33g								x	x	x				
<b>Tuesday</b>																
Crumb Cake Square	Dave's	47g	x	x						x	x					
Lil' Nacho Bites	Father's Table	33g	x							x						
Turkey Ham & Cheese Wadge Sandwich	Tasty	28g	x							x	x					
<b>Wednesday</b>																
Cinnamon Mini Waffles	Eggo/Kelloggs	35g	x	x						x	x					
Vegan Bean & Rice Burrito	Michael B's	44g									x				V	
Double Dog	Michael B's	29g								x	x		x			
<b>Thursday</b>																
Cinnamon Bun	Super Bakery	40g	x	x						x	x					
Cheese Croissant Sandwich	Bakecrafters	29g	x							x	x					
Chicken Enchilada Empanada	Albie's	32g	x							x	x		x			
<b>Friday</b>																
Whole Grain Blueberry Muffin	Dave's	39g	x	x						x	x					
Cheese Pizza Slice	Wild Mike's	34g	x								x					
BBQ Chicken & Aloha Roll		17g	?	?	?	?	x	?	?	x	x		x			
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

Week of Feb 12, 2024		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
Pull-apart Soft mini Bagels	Phillsbury	41g	x								x					
Whole Grain Cheese Lasagna	Tasty Brand	38g	x							x	x					
Chicken Taquitos	Michael B's	27g	x										x			GF
<b>Tuesday</b>																
Chorizo Sunrise Stick	Integrated	17g	x							x	x	x				
Cheese Quesadilla	Coyote Grill	32 g	x	x						x	x					
Meatball Hoagie	Michael B's	32g	x	x						x	x	x	x			
<b>Wednesday</b>																
Banana Chocolate Chunk Benefit Bar	J&J	48g	x	x						x	x					
Italian Cheese Pull Apart	Phillsbury	32g	x								x					
Chicken Nuggets & Fries	Goldkist	37g								x	x		x			
<b>Thursday</b>																
Danimals Strawberry Banana Yogurt	Dannon	14g	x													GF
Rockin' Ola Cinnamon	Rockin'Ola	21g													V	GF
Grille Bean & Cheese Burrito	Cabo Real	44.08g	x							x	x					
Pizza Nada	Bell Tasty	32g	x							x	x		x			
<b>Friday</b>																
Egg & Cheese Breakfast Wrap	MCI Los Cabos	18g	x	x						x	x					
Nacho Pretzel Pocket (M)	Buena Vista	38g	x	x						x	x					
Beef Fiestada Stuffed Sandwich	Big Daddy	31g	x	x						x	x					





