

Evergreen School District  
Child Nutrition Services  
K-8 Entrees June 2022-23

**Ingredients and menu items are subject to change or substitution without notice.  
Allergen information is for entrée dishes only and does not include any condiments or side dishes.  
Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of May 29, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
No School - Holiday																
Tuesday																
Cinnamon Roll	Shannon's	45G	x	x						x	x					
Vegan Kickin' Nuggets & Fries	Rebellyous	32g								x	x				V	
Pizza Nada	Bell Tasty	32g	x							x	x		x			
Wednesday																
Whole Grain Banana Mini Muffin	Daves	20g	x	x						x	x					
String Cheese		0g	x													GF
Cheesy Pull-Aparts, Italian	Pillsbury	32g	x								x					
Corn Dog	Foster Farms	30g		x						x	x		x			
Thursday																
Breakfast Burrito w Bacon	MCI Los Cabos	22g	x	x						x	x			x		
Yogurt, Cheese & Muffin		53g	x	x						x	x					
Pepperoni Pinwheel	ES Foods	40g	x							x	x	x	x			
Friday																
Mini Maple Pancakes	Eggo/Kelloggs	36g	x	x						x	x					
Deep Dish Cheese Pizza	Wild Mike's	34g	x							x	x					
Turkey Taco Nacho Fries		25g	x							x			x			
Tortilla Chips	Arranda's	30g								x					V	GF
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													

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Week of June 5, 2023		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
Mini Bagels with Cinnamon Cream Cheese	Pillsbury	42g	X								X					
Twice Grilled Quesadilla	Integrated	32g	X							X	X					
Maple Chicken Bites & Waffle		27g	X	X						X	X		X			
Tuesday																
Chorizo Sunrise Stick	Integrated	17g	X							X	X	X				
Italian Nada	Bell Tasty	31g	X							X	X					
BBQ Rib Sandwich	Integrated	33g								X	X	X				
Wednesday																
Oatmeal Chocolate Chip Bar	J&J	47g	X	X						X	X					
Grilled Cheese Sandwich	Integrated	31g	X							X	X					
Teriyaki Chicken & Fried Rice	Scwhan's	42g					X			X	X		X			
Thursday																
Cinnamon Snack N'Waffle	Arlington Farms	37g	X	X							X					
Vegan Kickin' Chicken Burger	Rebillyous	42g					?			X	X				V	
Beef Fiestada	Schwan's	31g	X	X						X	X	X				
Friday																
Breakfast - Manager's Choice																
Galaxy Cheese Pizza Pie	Schwans	28g	X							X	X					
Galaxy Pepperoni Pizza Pie	Tony's	26g	X							X	X	X	X			
Fun & Fitness Grahams	Dick & Jane	22g	X	X							X					
Items in GREEN print are meatless			? = Manufactured on equipment or contains trace amounts of this allergen													