

# Summer School 2017

CAIDWALLADER ELEMENTARY

**Breakfast \$1.75**

***Nutrition Tip:**  
Eating fruits and veggies of every color in the rainbow can help give you the different vitamins and minerals you need to soar through the day!*



the **School Day**  
just got  
**Healthier**

Eligible students may receive their breakfast at no cost or a reduced price.

If a student forgets or loses their lunch money the student will be allowed to charge their meal. Students are only allowed to carry a negative balance of \$6.00. CNS accepts cash, check or make a payment online at:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

The Child Nutrition Services Department can be reached at (408) 223-4500.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>July 3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<ul style="list-style-type: none"> <li>➤ Buttermilk Twin Bars</li> <li>➤ Sliced Apples</li> <li>➤ Milk</li> </ul>	<p>No School Today July 4<sup>th</sup> Holiday</p>	<ul style="list-style-type: none"> <li>➤ Oven Roasted Turkey Stick, String Cheese &amp; Crackers</li> <li>➤ Fruit Juice</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cereal &amp; Graham Crackers</li> <li>➤ Whole Peach</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Blueberry Muffin</li> <li>➤ Applesauce Cup</li> <li>➤ Milk</li> </ul>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<ul style="list-style-type: none"> <li>➤ Cherry Frudel</li> <li>➤ Sliced Apples</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Yogurt &amp; Grahams</li> <li>➤ Raisins</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Bagel &amp; Cream Cheese</li> <li>➤ Banana</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Pan Dulce</li> <li>➤ Strawberry Cup</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cereal &amp; Graham Crackers</li> <li>➤ Fruit Juice</li> <li>➤ Milk</li> </ul>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<ul style="list-style-type: none"> <li>➤ Granola Bar &amp; String Cheese</li> <li>➤ Sliced Apples</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Chocolate Chip Muffin</li> <li>➤ Peach Cup</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cereal &amp; Graham Crackers</li> <li>➤ Whole Nectarine</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Smokehouse Turkey Stick, Sunflower Seeds &amp; Crackers</li> <li>➤ Applesauce Cup</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Banana Chocolate Chip Bar</li> <li>➤ Fruit Juice</li> <li>➤ Milk</li> </ul>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<ul style="list-style-type: none"> <li>➤ Cereal &amp; Graham Crackers</li> <li>➤ Sliced Apples</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Yogurt &amp; Grahams</li> <li>➤ Raisins</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cinnamon Roll</li> <li>➤ Strawberry Cup</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Buttermilk Twin Bars</li> <li>➤ Fruit Juice</li> <li>➤ Milk</li> </ul>	<ul style="list-style-type: none"> <li>➤ Pan Dulce</li> <li>➤ Applesauce Cup</li> <li>➤ Milk</li> </ul>

**Healthy food will help you do your best in school, in sports and to grow and stay strong! Power up with a complete healthy school breakfast!**

**A complete healthy breakfast consists of at least 3 food items and must include a ½ cup fruit serving. Breakfast entrées consist of 2 food items.**

**Students will receive one entrée, one milk, and one fruit juice or fresh/canned fruit daily.**

This menu is subject to change without notice.

This institution is an equal opportunity provider and employer.